### Syllabus Module – 101

| Module 101                    | Introduction to Global Health   |
|-------------------------------|---|
| Coordinator                   | JimThomas, MPH, PhD<br>Professor Emeritus of epidemiology and ethics<br>Gillings School of Global Public Health, University of North Carolina<br>Adjunct Professor, EHESP<br>Jim.thomas@unc.edu; www.jcthomas.org   |
| Dates                         | 4-14 September, 2023  |
| Credits/ECTS                  | 3 ECTS  |
| Duration or Course Format     | 7 days of 6 hours each = 42 hours   |
| Location                      | EHESP 20 Avenue George Sand 93210 LA PLAINE ST DENIS and online   |
| Description                   | The health of populations around the world is uneven. In this introduction to global health, we will learn how to interpret data on population health trends and explore the causes of inequities as well as the actors and programs trying to address them. The course will conclude with an introduction to program evaluation. As a course project, each student will research a public health job of interest.  |
| Prerequisites                 | None  |
| Course learning<br>objectives | Students who successfully complete this course will be able to:         1.       Describe common concepts in global health         2.       Describe the social forces affecting global health         3.       Apply systems thinking         4.       Describe common interventions         5.       Assess a job position and personal qualifications  |
| Resources                     | All readings and materials will be posted on REAL.<br>Recommended books:<br>Birn AE, Pillay Y, Hotz TH. <u>Textbook of Global Health</u> . New York: Oxford University Press, 2017.<br>Packard RM. <u>A History of Global Health</u> . Baltimore: Johns Hopkins Press, 2016.<br>Bertrand JT, Solis M. <u>Evaluating HIV/AIDS Prevention Projects: a Manual for Nongovernmental Organizations</u> .<br>MEASURE Evaluation, 2004.   |
| Structure<br>(Session titles) | <ul> <li>Measures of population health</li> <li>Global health trends</li> <li>Using data: Our World in Data</li> <li>Geography and states</li> <li>Political and economic origins of global inequality</li> <li>Actors in global health</li> <li>Using data: Gapminder</li> <li>Introduction to systems thinking</li> <li>Theories of change</li> <li>National health care systems</li> <li>Job hunting in public health</li> <li>Public health ethics and climate</li> <li>Responding to unethical actions</li> <li>Global health interventions post WW2</li> <li>Comparison of two interventions</li> <li>Humanitarian aid</li> <li>Intervention ethics</li> <li>Intervention evaluation</li> <li>Evaluation of network strengthening</li> <li>Project presentations</li> </ul> |
| Course requirements           | Attend all lectures<br>Read selected chapters, papers, and websites<br>Post summaries of readings on REAL (those specifying this step)<br>Complete course quizzes<br>Participate in the class discussions<br>Complete the individual project  |

| Grading and assessment | Participation in class discussions (20%)<br>Online essays (20%)<br>Course quizzes (20%)<br>Individual project (40%)   |
|------------------------|---|
| Course policy          | Attendance & punctuality         Regular and punctual class attendance is a prerequisite for receiving credit in a course. Students are expected to attend each class.         The obligations of attendance and punctuality cover every aspect of the course: - lectures, conferences, group projects, assessments, examinations, as described in EHESP Academic Regulations http://mph.ehesp.fr EHESP Academic Regulation Article. 3).         If students are not able to make it to class, they are required to send an email to the instructor and to the MPH program coordinating team explaining their absence prior to the scheduled class date. All supporting documents are provided to the end-of-year panel.         .         Students who miss class are responsible for content. Any student who misses a class has the responsibility for obtaining copies of notes, handouts and assignments. If additional assistance is still necessary, an appointment should be scheduled with the instructor. Class time is not to be used to go over material with students who have missed class.         Lateness:       Students who are more than 10 minutes late may be denied access to a class. Repeated late arrivals may be counted as absences (See http://mph.ehesp.fr EHESP Academic Regulation Article. 3 Attendance & Punctuality)         Maximum absences authorized & penalty otherwise       Above 20% of absences will be designated a fail for a given class. The students will be entitled to be reassessed in any failed component(s). If they undertake a reassessment or they retake a module this means that they cannot normally obtain more than the minimum pass mark (i.e. 10 out of 20)         Exceptional circumstances       Absence from any examination or test, or late submission of assignments due to |
| Valuing diversity      | Diversity enriches learning. It requires an atmosphere of inclusion and tolerance, which oftentimes challenges our own closely-held ideas, as well as our personal comfort zones. The results, however, create a sense of community and promote excellence in the learning environment. This class will follow principles of inclusion, respect, tolerance, and acceptance that support the values of diversity. Diversity includes consideration of: (1) life experiences, including type, variety, uniqueness, duration, personal values, political viewpoints, and intensity; and (2) factors related to "diversity of presence," including, among others, age, economic circumstances, ethnic identification, family educational attainment, disability, gender, geographic origin, maturity, race, religion, sexual orientation and social position.   |
| Course evaluation      | EHESP requests that you complete a course evaluation at the end of the school year. Your responses will be anonymous, with feedback provided in the aggregate. Open-ended comments will be shared with instructors, but not identified with individual students. Your participation in course evaluation is an expectation, since providing constructive feedback is a professional obligation. Feedback is critical, moreover, to improving the quality of our courses, as well as for instructor assessment.  |
| Individual project     | Students will research online organizations that conduct the type of work they are interested in. They will select one and describe its history, mission, countries in which it works, and the types of interventions it conducts. The student will identify a job available at the organization – one they would be interested in having; then assess their qualifications for the job (their strengths and weaknesses). The project report will be a 7-minute presentation with 3 minutes of class discussion.  |

## Monday, 4 September

| Session 1           | Introductions to each other and the course  |
|---------------------|---|
| Speaker             | Jim Thomas  |
| Session Outline     | Overview of the course<br>Meet fellow students<br>Description of the course project   |
| Learning Objectives | How to independently research job announcements, assess the characteristics of the organization funding the position, and assess one's own qualification for the job. |
| Duration            | 1 hour 30 minutes   |
| Training methods    | In-person presentation and discussion   |
| Readings            | None  |

| Session 2           | Measures of population health   |
|---------------------|---|
| Speaker             | Jim Thomas  |
| Session Outline     | Calculation of disease measures<br>Commonly used rates<br>Comparing national health statistics  |
| Learning Objectives | Write the equations for three different measures of mortality   |
| Duration            | 1 hour 30 minutes   |
| Training methods    | In-person presentation and discussion   |
| Assignment          | Read <u>Section 3: Mortality frequency measures</u> , In: Principles of Epidemiology in Public Health Practice, 3 <sup>rd</sup> Ed. Centers for Disease Control and Prevention.<br>For a disease of your choice, in a country of your choice, calculate the cause-specific death rate. Post it to REAL. |

| Session 3           | Global health trends  |
|---------------------|---|
| Speakers            | Jim Thomas  |
| Session Outline     | Country health comparisons<br>Country economic comparisons<br>Online global health data resources |
| Learning Objectives | Describe how causes of death vary between country income levels                                   |
| Duration            | 1 hour 15 minutes   |
| Training methods    | In-person presentation and discussion   |
| Assignment          | None  |

| Session 4           | Using data: Our World in Data  |
|---------------------|--|
| Speaker             | Jim Thomas   |
| Session Outline     | Demonstration and exploration of Our World in Data website   |
| Learning Objectives | <ul> <li>Access data from Our World in Data website</li> <li>Construct a narrative using (selecting) three different graphs or charts</li> </ul>   |
| Duration            | 1 hour 30 minutes  |
| Training methods    | Group demonstration and independent exploration of a website   |
| Assignment          | Using <u>Our World in Data</u> , select a health outcome, create a narrative that is illustrated in three or more charts.<br>Write a summary of the narrative (>100 words) and post it on REAL |

## Tuesday, 5 September

| Session 5           | Geography and states  |
|---------------------|---|
| Speaker             | Jim Thomas  |
| Session Outline     | <ul> <li>Geographical determinism</li> <li>The emergence of states</li> <li>The state's story of itself.</li> </ul>   |
| Learning Objectives | <ul> <li>Explain the concept of geographical determinism</li> <li>Give an example of how geography has contributed to country health differences</li> <li>Trace the origin of states</li> </ul> |
| Duration            | 1 hour 30 minutes   |
| Training methods    | In-person presentation and discussion   |
| Assignment          | None  |

| Session 6           | Political and economic origins of global inequality   |
|---------------------|---|
| Speaker             | Jim Thomas  |
| Session Outline     | <ul> <li>The negative nature of states</li> <li>Extracting from within the state</li> <li>Extracting from outside the state</li> <li>After the revolution</li> </ul>          |
| Learning Objectives | <ul> <li>Describe three ways that states extract resources from their own populations</li> <li>Describe three ways that states extract resources from other states</li> </ul> |
| Duration            | 1 hour 15 minutes   |
| Training methods    | In-person presentation and discussion   |
| Assignment          | None  |

| Session 7           | Actors in global health  |
|---------------------|--|
| Speakers            | Jim Thomas   |
| Session Outline     | <ul> <li>The institution types engaged in global health</li> <li>The roles of institutions addressing the global HIV/AIDS epidemic</li> </ul>              |
| Learning Objectives | Name the institutions, institution types, and their respective roles in addressing the global HIV/AIDS epidemic  |
| Duration            | 1 hour 30 minutes  |
| Training methods    | In-person presentation and discussion  |
| Assignment          | Recommended: Read Chapter 4, Global health actors and activities. In Textbook of Global Health, 4 <sup>th</sup> Ed. by AE Birn, et al. (available on REAL) |

| Session 8           | Using data: Gapminder   |
|---------------------|---|
| Speaker             | Jim Thomas  |
| Session Outline     | Demonstration and exploration of a website  |
| Learning Objectives | Access data from Gapminder website  |
| Duration            | 1 hour 15 minutes   |
| Training methods    | Group demonstration and independent exploration of a website  |
| Assignment          | Select an interactive graphic from Gapminder and describe what it shows (>100 words). Post on REAL. |

## Wednesday, 6 September

| Session 9           | Systems thinking   |
|---------------------|--|
| Speaker             | Jim Thomas   |
| Session Outline     | <ul> <li>How systems thinking differs from traditional epidemiology</li> <li>System characteristics</li> <li>System methods</li> </ul> |
| Learning Objectives | Describe three characteristics of a system<br>Explain how systems thinking differs from a reductionist perspective                     |
| Duration            | 1 hour 30 minutes  |
| Training methods    | In-person presentation and discussion  |
| Assignment          | None   |

| Session 10          | Theories of change   |
|---------------------|--|
| Speakers            | Jim Thomas   |
| Session Outline     | <ul> <li>How policy change occurs</li> <li>Logic models and theories of change</li> <li>Causal loop diagramming</li> </ul>   |
| Learning Objectives | <ul> <li>Identify five means commonly used to attempt social change</li> <li>Describe three steps in a group process of systematically identifying a theory of change</li> </ul> |
| Duration            | 1 hour 15 minutes  |
| Training methods    | In-person presentation and discussion  |
| Assignment          | None   |

| Session 11          | Optional one-on-one meetings with Dr. Thomas |
|---------------------|--|
| Duration            | 15 minutes each                              |
| Sign-up             | On the paper form in the classroom           |
| Learning Objectives | Determined by the student                    |

# Thursday, 7 September

| Session 12          | National health systems  |
|---------------------|--|
| Speaker             | Jim Thomas   |
| Session Outline     | <ul> <li>The main components of a national health care system</li> <li>Health systems of three countries</li> <li>The factors that determine the shape and effectiveness of a national health care system</li> </ul> |
| Learning Objectives | Describe the country factors that shape its health care system Describe major differences in health care systems   |
| Duration            | 1 hour 30 minutes  |
| Training methods    | In-person presentation and discussion  |
| Assignment          | None   |

| Session 13          | Job hunting in global health   |
|---------------------|--|
| Speaker             | Jim Thomas   |
| Session Outline     | Demonstration and exploration web-based information on employers in global health  |
| Learning Objectives | Accessing information on opportunities in global health  |
| Duration            | 1 hour 15 minutes  |
| Training methods    | Group demonstration and independent exploration of a websites  |
| Assignment          | Identify two jobs posted on the web that are of interest to you<br>Record the urls, briefly describe the job, and explain why it is of interest to you in ≥100 words, post on REAL<br>To watch before Session 13:<br>Public health ethics versus medical ethics: <u>https://youtu.be/FoFrg_IOC2k</u><br>Considerations in the ethical practice of public health: <u>https://youtu.be/-M4GImOzI3o</u> |

| Session 14          | Optional one-on-one meetings with Dr. Thomas |
|---------------------|--|
| Duration            | 15 minutes each                              |
| Sign-up             | On the paper form in the classroom           |
| Learning Objectives | Determined by the student                    |

## Monday, 11 September

| Session 15          | Public health ethics and climate (I) – reading in class   |
|---------------------|---|
| Instructor          | Jim Thomas  |
| Session Outline     | <ul> <li>The causes and issues in climate migration</li> <li>A public health ethics perspective</li> </ul>  |
| Learning Objectives | Identify two public health ethics applications to climate migration   |
| Duration            | 1 hour 30 minutes   |
| Training methods    | Online reading and reflection   |
| Reading             | Politico: Where will everyone go? <u>https://features.propublica.org/climate-migration/model-how-climate-refugees-move-across-<br/>continents/</u><br>APHA Code of Ethics : <u>https://www.apha.org/-/media/Files/PDF/membergroups/Ethics/Code_of_Ethics.ashx</u> |

| Session 16          | Public health ethics and climate (II) - discussion   |
|---------------------|--|
| Speakers            | Jim Thomas   |
| Session Outline     | <ul> <li>What are the ethical issues in climate migration?</li> <li>How does public health ethics apply to climate migration?</li> </ul> |
| Learning Objectives | How to apply public health ethics perspectives to a critical issue   |
| Duration            | 1 hour 15 minutes  |
| Training methods    | Discussion of key questions pertaining to the readings in in Session 13  |
| Assignment          | None   |

| Session 17          | Responding to unethical actions  |
|---------------------|--|
| Speaker             | Jim Thomas   |
| Session Outline     | <ul> <li>Kinds of unethical action</li> <li>Unfavorable responses</li> <li>Favorable responses</li> <li>Whistle blowing</li> </ul> |
| Learning Objectives | Describe types of humanitarian challenges, programs and ethical issues   |
| Duration            | 1 hour 30 minutes  |
| Training methods    | In-person presentation and discussion  |
| Assignment          | None   |

| Session 18 | Self-directed project work |
|------------|----------------------------|
| Instructor | Jim Thomas                 |
| Duration   | 1 hour 15 minutes          |

### Tuesday, 12 September

| Session 19          | Global health interventions post WW2   |
|---------------------|--|
| Speakers            | Jim Thomas   |
| Session Outline     | <ul> <li>Preserving new stability</li> <li>Cold War</li> <li>Non-aligned alternatives</li> <li>Medical vs economic models</li> <li>Declining influence of WHO</li> </ul> |
| Learning Objectives | Describe the political motivations for public health interventions in history.<br>Describe how the priorities in public health interventions have changed over time      |
| Duration            | 1 hour 30 minutes  |
| Training methods    | In-person presentation and discussion  |
| Assignment          | None   |

| Session 20          | Comparison of two interventions  |
|---------------------|--|
| Speakers            | Jim Thomas   |
| Session Outline     | <ul> <li>Zambia's National Malaria Control Program</li> <li>Thailand's Universal Coverage Scheme</li> <li>Discussion of approaches, actors, and roles</li> </ul>   |
| Learning Objectives | Describe the pros and cons of vertical and horizontal health interventions   |
| Duration            | 1 hour 15 minutes  |
| Training methods    | In-person presentation and discussion; simultaneous online participation   |
| Reading             | <ul> <li>To read before Tuesday's class:</li> <li>One Mosquito at a Time: Zambia's Malaria Control Program. In: Millions Saved (posted on REAL)</li> <li>Health Access for All: Thailand's Universal Coverage Scheme. In: Millions Saved (posted on REAL)</li> </ul> |

| Session 21          | Humanitarian aid  |
|---------------------|---|
| Speaker             | Jim Thomas  |
| Session Outline     | <ul> <li>Types of foreign aid</li> <li>Humanitarian situations</li> <li>Humanitarian organizations</li> <li>Ethical challenges</li> </ul> |
| Learning Objectives | Describe types of humanitarian challenges, programs and ethical issues  |
| Duration            | 1 hour 30 minutes   |
| Training methods    | In-person presentation and discussion   |

| Assignment | To read before Wednesday's class: Nature article on the PATH malaria project |
|------------|--|
| Session 22 | Self-directed project work   |
| Instructor | Jim Thomas   |
| Duration   | 1 hour 15 minutes  |

## Wednesday, 13 September

| Session 23          | Intervention ethics  |
|---------------------|--|
| Speaker             | Jim Thomas   |
| Session Outline     | <ul> <li>Ethics guidance</li> <li>Political-economic ethics</li> <li>Decolonizing ethics</li> <li>Acting within corrupted systems</li> </ul> |
| Learning Objectives | Identify sources of guidelines for the ethical conduct of public health interventions  |
| Duration            | 1 hour 30 minutes  |
| Training methods    | In-person presentation and discussion  |
| Assignment          | None   |

| Session 24          | Intervention evaluation  |
|---------------------|--|
| Speaker             | Jim Thomas   |
| Session Outline     | <ul> <li>Types of evaluation</li> <li>Sustainable development goals</li> <li>Health information systems</li> <li>Trends in evaluation</li> </ul> |
| Learning Objectives | Describe the types of evaluation methods by which public health interventions are assessed.  |
| Duration            | 1 hour 15 minutes  |
| Training methods    | In-person presentation and discussion  |
| Assignment          | None   |

| Session 25          | Evaluation of network strengthening  |
|---------------------|--|
| Speakers            | Jim Thomas   |
| Session Outline     | The network strengthening project     Evaluation structure     Evaluation findings   |
| Learning Objectives | <ul> <li>Describe the components of an organizational network</li> <li>Explain the meaning of network density</li> <li>Identify one measure of process evaluation in the study, and one measure of intervention outcome</li> </ul> |
| Duration            | One hour 30 minutes  |
| Training methods    | In-person presentation and discussion  |

| Assignment | None |
|------------|------|
|            |      |

| Session 26 | Self-directed project work |
|------------|----------------------------|
| Instructor | Jim Thomas                 |
| Duration   | 1 hour 15 minutes          |

### Thursday, 14 September

| Sessions 27-30   | Project presentations and discussion |
|------------------|--------------------------------------|
| Instructor       | Jim Thomas                           |
| Duration (total) | 5 hours 30 minutes                   |