

## Syllabus Module 209

Module :	Minor Module 209 Minor B "Health promotion and health education"
UE coordinator	Coordinator Eric Breton PhD Eric.Breton@ehesp.fr
Dates	November 19 <sup>th</sup> to 23 <sup>rd</sup> 2018
Credits/ECTS	3 ETC
Duration	5 days of 6 hours face to face, and personal or group work
UE description	<p>Defined in the Bangkok Charter (WHO, 2005) as "the process of enabling people to increase control over their health and its determinants, and thereby improve their health", health promotion is now considered as an essential component and core function of public health. But health promotion poses many difficulties one being the complexity of the social processes at play and the fact that it requires professionals to venture out of the traditional realm of actions that has characterised public health practice for the past 50 years. In this module, students will be introduced to the basic concepts and principles of health promotion and reflect on population strategies to improve health.</p> <p>The delivery mode of the module will be interactive leaving substantial time for group discussions and debates. Mornings will be for group discussions and lectures and afternoons for individual work sessions and short debriefing sessions on the state of advancement of a short essay on a problem chosen by the students.</p>
Course learning objectives	<p>At the end of the module, students will be able to:</p> <ul style="list-style-type: none"> <li>• Describe the specificities of health promotion practice in the context of the general evolution of the public health domain;</li> <li>• Identify and critically appraise the key principles and concepts of health promotion;</li> <li>• Define the main building blocks and theories guiding the development of comprehensive health promotion programs and policies;</li> <li>• Navigate around the main ethical issues associated with health promotion practice and research.</li> </ul>
UE Structure (details of sessions title/speaker)	<p>Guest lecturers</p> <ul style="list-style-type: none"> <li>• Speakers from Santé publique France (the National Public Health Agency)</li> <li>• Marie-Claude Lamarre, former Executive Director, International Union for Health Promotion and Education (IUHPE).</li> </ul>
Course requirement	<u>Assignments</u> : Students have to come to class prepared to discuss issues after reading the course material on the REAL facility
Grading and assessment	<p>Students will be assessed through the following outputs:</p> <ul style="list-style-type: none"> <li>• 4 Commentaries and participation to 4 group discussions (40% of total score);</li> <li>• One 15-minute class presentation (20%);</li> <li>• A short essay (30%);</li> <li>• The posting of a tweet on an issue related to the conclusions of the group project (10%).</li> </ul> <p>The assessment guidelines and compulsory list of readings is provided in the accompanying document.</p>
Location	EHESP – Avenue George Sand 93210 La Plaine St Denis Greater Paris
Readings	<p>Breton, E. (2016). La Charte d'Ottawa : 30 ans sans plan d'action? <i>Santé Publique</i>, 28(6), 721–727.</p> <p>CSDH. (2008). <i>Closing the gap in a generation: health equity through action on the social determinants of health. Final Report of the Commission on Social Determinants of Health</i>. Geneva: World Health Organization.</p> <p>Lalonde, M. (1974). <i>A new perspective on the health of Canadians. A working document</i>. Ottawa: Minister of Supply and Services.</p> <p>Milton, B., Attree, P., French, B., Povall, S., Whitehead, M., &amp; Popay, J. (2012). The impact of community engagement on health and social outcomes: a systematic review. <i>Community Development Journal</i>, 47(3), 316–334.</p> <p>Mittelmark, M. B., Sagy, S., Eriksson, M., Bauer, G. F., Pelikan, J. M., Lindström, B., &amp; Espnes, G. A. (Eds.). (2017). <i>The Handbook of Salutogenesis</i>. Cham: Springer International Publishing.</p> <p>WHO. (1978). <i>The Declaration of Alma-Ata: International Conference on Primary Health Care</i>. Geneva: World Health Organization.</p> <p>WHO. (1986). <i>First International Conference on Health Promotion. The Ottawa Charter on Health Promotion</i>. Geneva: World Health Organization.</p> <p>WHO (2005). <i>The Bangkok Charter for Health Promotion in a Globalized World</i>. Geneva: World Health Organization.</p> <p>WHO. (2016). <i>The Shanghai Declaration on Promoting Health in the 2030. Agenda for Sustainable Development. Final Draft</i>. Geneva: World Health Organisation.</p>